

## KALIPADA GHOSH TARAI MAHAVIDYALAYA

NATIONAL SERVICE SCHEME (NSS)

P. O. Bagdogra, Dist. Darjeeling-734014 Ph. No: 0353-2004707



Ref no.\_\_\_\_

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Date: 19-06-2022

## NOTICE

All the volunteers are hereby notified to be present for workshop on 'Yoga for Healthy Living' on the occasion of International yoga day at College on 21-06-2023 at 8:00 am in room no.10.

Meeta Bala Program Officer NSS Unit-I, KGTM Bagdogra

Programme Officer N.S.S. Unit-1 Veligeda Ghosh Tarai Mahavidvolovo

Tapas. Kr. Sarkar Program Officer NSS Unit-II, KGTM Bagdogra Programme Officer N.S.S. Unit-II Kalipada Ghosh Tarai Mahavidyalaya

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PRINCIPAL Kalipada Ghosh Tarai Maha: idyalaya Bagdogra

## **International day of Yoga**

## Date: 21 June 2023

On the occasion of International yoga day, NSS Unit-I and Unit-II observed International day of Yoga by organizing workshop on Yoga for Healthy Living. Various asanas essential for everyday life of students were practiced. NCC Cadets and NSS Volunteers enthusiastically participated in Workshop.









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